

Undergraduate Internship Program



Undergraduate Applicant Guide

The Undergraduate Student (UGS) Internship Program offers domestic and international students valuable research experience while pursuing an undergraduate degree. Designed to complement your education program provides work opportunities related to your chosen field of study.

- This program is for graduating high school senior, current undergraduates and post-bachelors
- Technical and professional fields
- Summer internships are typically 10 weeks
- You will work closely with a mentor & co-mentor

Application Dates:

Term	Opens	Closes
Year-round	August 1st	February 13

Eligibility Requirements

Students who wish to participate in the Undergraduate Internship Program must meet the following requirements:

- Currently enrolled in an accredited undergraduate program.
- Must be enrolled in at least 12 semester credit hours (or full-time equivalent) in an accredited degree program (or international equivalent).
- Entering first-year students must provide documentation indicating matriculation into an appropriate degree program.
- Must currently have and maintain a cumulative GPA of at least 2.75 on a 4.0 scale (or equivalent).
- Pass a new employment drug test
- Post-bachelors should check [the Employee Information](#) on the website for eligibility

Required Documentation

Resume

- Showcase marketable traits and skills
- List relevant academic experience
 - Cumulative GPA/relevant Coursework
 - Honors & awards/accomplishments
 - Extracurricular activities

Official Transcript

- Should include grades for all completed courses
- Should include all currently enrolled courses

Personal Statement (one page max)

- Showcase your unique personality, experiences and aspirations. This could include:
 - Academic background and career goals
 - Professional interests
 - Community impact through service
 - Life experiences

Potential Mentors

Networking is a great way to find an internship! Search for a prospective mentor in an area you are interested in and aligns with your education goals. Reach out to them to inquire about internship opportunities.

- [Lab Organizations](#)
- [Los Alamos Authors](#)
- [LANL LinkedIn](#)
- [LANL YouTube channel](#)
- Ask your professors if they have LANL colleagues they can introduce you to
- Network with LANL staff at career fairs and conferences

Contact Us

Student Programs Office
studentprograms@lanl.gov



Undergraduate and Graduating HS Senior Internships



Computational Sciences: IRC139805



Engineering: IRC139807



Physical Sciences: IRC139808

*Individual/group specific job ads (including post-bachelors) can be found on lanl.jobs